**Elena A. Robinson LAT, ATC**

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740.885.0929

**EDUCATION**

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**Doctorate in Athletic Training - May 2018 - present**

Indiana State University, *Terre Haute, Indiana*

**Research Project**: Robinson EA, Eberman LE, Rivera MJ, Games KE. Assessment of Leadership Education Through Graduates of Doctorate in Athletic Training. (In Progress).

CAATE Accredited

**Bachelors of Science in Athletic Training - May 2018**

Marietta College, *Marietta, Ohio*

CAATE Accredited

**PROFESSIONAL EXPERIENCE**

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**Franciscan Health Sports Medicine,** *Lafayette, IN - August 2018 - present*

Athletic Trainer, Faith Christian School

* Primary area of focus: developing a variety of EAPs and relevant policies/procedures, prevention of lower extremity injuries, short and long-term rehabilitations, implementing clinician/patient rated outcomes for variety of injuries/programs
* Developed, implemented, and measured effects of an ankle injury prevention program for basketball athletes and shin-splint prevention lesson and program to track athletes. The ankle injury prevention program had positive outcomes in decreased injury rates for lateral ankle sprains as well as improved signs/symptoms of chronic ankle instability through patient-reported outcomes.

**Franciscan Health Sports Medicine,** *Lafayette, IN - August 2018 - present*

PRN Athletic Trainer

* Provided medical care to a variety of high schools within the Franciscan network. Medical care was provided specifically during competitions and consisted of emergency medicine and immediate treatment of acute conditions.
* Provided medical care to male and female lacrosse club teams for competitions spring season (2019).

**SCHOLARSHIP**

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*Peer-Reviewed Published Papers and Abstracts*

**Robinson EA**, Neil ER, Eberman LE, Games KE. The Efficacy of Non-operative Pain Management Strategies for Subacromial Pain Syndrome. *Athl Train & Sports Health Care*. 2019. doi:10.3928/19425864-20190822-02.

**Robinson, Elena**. (2018) "The Use of Kinesio Tape with a Strengthening Protocol in Aiding Scapular Retraction through Facilitation of the Rhomboids," *Journal of Sports Medicine and Allied Health Sciences: Official Journal of the Ohio Athletic Trainers Association*: Vol. 4: Iss. 1, Article 13.

*Peer-Reviewed Presentations*

**Robinson EA**, Eberman LE, Rivera MJ, Games KE Assessment of Leadership Education Through Graduates of Doctorate in Athletic Training. (will present) National Athletic Trainer’ Association 71st Annual Meeting and Clinical Symposia. Atlanta, GA. June 2020.

**Robinson, EA**. "The Use of Kinesio Tape with a Strengthening Protocol in Aiding Scapular Retraction through Facilitation of the Rhomboids. Ohio Athletic Training Association State Meeting and Clinical Symposium. Dublin, OH. May 2018

*Projects in Preparation*

**Robinson EA**, Eberman LE, Rivera MJ, Games KE. Assessment of Leadership Education Through Graduates of Doctorate in Athletic Training. (In Progress).

**INVITED PRESENTATIONS**

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Chang I, **Robinson EA,** Dennison KR. Living Abundantly with Mobility Impairments. Feature Presentation at Indiana State University’s Focused Learning Intensive Weekend. December 2019.

**Robinson EA**. AT on the Road. TED Talk Style Presentation at Indiana State University (ATTR 811). August 2019.

**Robinson EA**. The Efficacy of Steroid Injections and Strengthening for Long Term Pain Relief in Patients with Subacromial Pain. Indiana State University - Evidence Based Medicine (ATTR 712). August 2018.

**PROFESSIONAL CERTIFICATIONS**

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**Board of Certification (ATC)**

2018 - present

Certification #2000031813

**Indiana Professional Licensing Agency - Licensed Athletic Trainer**

2018 - present

License #36002978A

**National Provider Identifier**

2018 - present

NPI #1629560040

**Basic Life Support Certification**

2018 - present

American Heart Association

**Question Persuade Refer (QPR) Certified**

Training in suicide prevention in looking for warning signs and how to respond to suicidal situations.

2018 - present

QPR Suicide Prevention Gatekeeper Program

**Mental Health First Aid**

Training in the application of mental health first aid action plans within a variety of situations and populations.

December 2019

**CONTINUING EDUCATION**

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**Opioid Epidemic - Drug Overdose Management**

April 2019

Indiana State University

**IV Administration and Wound Closure**

April 2019

Indiana State University

**Great Lakes Athletic Trainers’ Association 2019 Annual Symposium**

Chicago, IL

March 2019

**29th Annual Lafayette Area Sports Medicine Symposium**

Lafayette, IN

February 2019

**Ohio Athletic Trainers’ Association 2018 State Meeting and Clinical Symposium**

Dublin, OH

May 2018

**COMMUNITY ENGAGEMENT AND SERVICE**

**National Athletic Training Month Service Project**

Service project centered around providing meals for the homeless center within Lafayette, Indiana

2020

**Emergency Preparedness - Mass Casualty Drill**

Standardized patient for a mass casualty drill at Franciscan East Hospital

2019

**Humane Society of the Ohio Valley**

Helped walk/groom/care for animals at the shelter

Fall 2017

**Marietta College Athletic Training Student Organization**

Member

2015-2018

**Marietta College EXCEL Leadership Program**

Member: Volunteered with several organizations and served as a counselor for 1st year leadership students

2014-2015

**AWARDS**

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**Marietta College - Graduated Cum Laude with College/Research Honors**

Spring 2018

**Marietta College Athletic Training Capstone Award**

Spring 2018

**Marietta College Dean’s High Honors List**

Spring 2018, Fall 2017, Fall 2015

**Marietta College Dean’s List**

Fall 2014